

Our Deepest Fear

-- by *Marianne Williamson* --

Our deepest fear is not that we are inadequate.
Our deepest fear is that we are powerful beyond
measure. It is our light, not our darkness, that
most frightens us.

We ask ourselves, who am I to be brilliant,
gorgeous, talented and fabulous? Actually, who are
you not to be?

You are a child of God. Your playing small does not
serve the world. There is nothing enlightened
about shrinking so that other people won't feel
insecure about you. We were born to manifest the
glory of God that is within us.

It's not just in some of us; it's in everyone.

And as we let our own light shine, we
unconsciously give other people permission to do
the same. As we are liberated from our own fear,
our presence automatically liberates others.